

INTERCESSORY PRAYER



PERSONAL INTERCESSORY PRAYERS

VINCENTIAN RETREAT CENTRE, UGANDA

The General Intentions of the Intercession:

For the Whole World, all the nations, its leaders and people.

For the Universal Catholic Church, Pope Francis, all the Cardinals, Bishops, Priests, Nuns and the Lay faithful

For the Peace, Protection and Prosperity for the People of Uganda, Africa

For all the Evangelization ministries and ministers

For the Divine Ministries all over the World

For the Vincentian Congregation and all the Vincentian Fathers and Vincentian Seminarians

For more and more new vocations to the Vincentian Congregation

For the Vincentian Retreat Centres in Kenya, Rwanda, Tanzania and Uganda etc.

For the Govt. Officials in respective places of our centres.

For all our Intercessors, Committee Members, Choir Members, Benefactors, Team Members, Volunteers, Staff Members etc.

For all our ministries: the residential retreats, the One day Services, the outreach retreats etc

For the Online Ministries: Ministry through the Social Media, Bible Reading Ministry, Preaching Ministry, Confession and Counselling Ministry, Youth Ministry, Kids Ministry etc.

For more Vincentian Priests to be added to the ministries in Africa

How to Pray the Following Prayers:

The Following Prayers are composed in A, B, C, D, E, F, G, H, I, J sections.

During the Prayers you can use the A, B, C and J Sections. From 'D to I', you can choose one of the sections as seems appropriate.

A. OPENING PRAYERS

1. The Angelus

The Angel of the Lord declared to Mary: *And she conceived of the Holy Spirit.*

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord: *Be it done unto me according to Thy word.*

Hail Mary...

And the Word was made Flesh: *And dwelt among us.*

Hail Mary...

Pray for us, O Holy Mother of God, *that we may be made worthy of the promises of Christ.*

Let us pray: *Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.*

2. Prayer to the Holy Spirit and Prayer of Self-Offering.

Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you will renew the face of the earth.

Let us Pray: *O Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation. We ask this through Christ our Lord. Amen.*

3. Prayer of Self Offering by St. Ignatius of Loyola

Take, O Lord, and receive my entire liberty, my memory, my understanding and my whole will. All that I am and all that I possess You have given me: I surrender it all to You to be disposed

of according to Your will. Give me only Your love and Your grace; with these I will be rich enough, and will desire nothing more. Amen.

B. PRAISE AND WORSHIP

For us to know how to praise and worship God, we must first understand what it means to praise and worship. When we *worship*, we are expressing our reverent love and devotion to God. Worship is the act of doing something like reading the Bible, praying, or singing. However, worship is not limited to only to these things. When we *praise*, we are expressing our admiration for God; we are lifting Him up in exaltation. Praise is the act of celebrating or boasting about the Lord. Praise can be done through song, poems, or confessing the goodness of God to others. We should be giving God our praise and worship through our daily lives. We can do this at home, in our work place, on the bus - wherever we are! Praise and worship is a way of life, the very heartbeat of our relationship with God.

We see how to praise and worship God in the Scriptures of the Bible:

- The Bible tells us that we are to use **musical instruments and singing**. Psalm 98:4-6 says, “Shout for joy to the LORD, all the earth, burst into jubilant song with music; make music to the LORD with the harp, with the harp and the sound of singing, with trumpets and the blast of the ram's horn - shout for joy before the LORD, the King.” Psalm 150:3-5 says, “Praise him with the sounding of the trumpet, praise him with the harp and lyre, praise him with tambourine and dancing, praise him with the strings and flute, praise him with the clash of cymbals, praise him with resounding cymbals.”
- We are to offer up praise and worship with **shouts of joy and clapping of hands**. Psalm 47:1-2 says, “Clap your hands, all you nations; shout to God with cries of joy. How awesome is the LORD Most High, the great King over all the earth!”
- We are to praise and worship **in the assembly and by ourselves**. 2 Chronicles 29:28 says, “The whole assembly bowed in worship, while the singers sang and the trumpeters played.” Psalm 22:22 says, “I will declare your name to my brothers; in the congregation I will praise you.” 2 Samuel 12:20 says, “Then David got up from the ground. After he had washed, put on lotions and changed his clothes, he went into the house of the LORD and worshiped. Then he went to his own house, and at his request they served him food, and he ate.”

Praising and worshiping God is done in many different positions and forms. Here are several biblical examples:

- **Sitting** - Acts 2:1-2 says, “When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting.”
- **Kneeling** - Psalms 95:6 says, “Come, let us bow down in worship, let us kneel before the LORD our Maker.”
- **Standing** - Exodus 33:10 says, “Whenever the people saw the pillar of cloud standing at the entrance to the tent, they all stood and worshiped, each at the entrance to his tent.”
- **Lying prostrate/Bowing down** - 1 Kings 18:39 says, “When all the people saw this, they fell prostrate and cried, ‘The LORD - he is God! The LORD - he is God!’” Nehemiah 8:6 says, “Ezra praised the LORD, the great God; and all the people lifted their hands and responded, ‘Amen! Amen!’ Then they bowed down and worshiped the LORD with their faces to the ground.”
- **Bowing head** - 2 Chronicles 29:30 says, “King Hezekiah and his officials ordered the Levites to praise the LORD with the words of David and of Asaph the seer. So they sang praises with gladness and bowed their heads and worshiped.”
- **Lifting hands** - Psalm 63:4 says, “I will praise you as long as I live, and in your name I will lift up my hands.”
- **Dancing** - Psalm 149:3 says, “Let them praise his name with dancing and make music to him with tambourine and harp.”

Praise and Worship Using Gift of Tongues

God has given us the gift to speak in a language we do not know by human means. This is a gift of the Holy Spirit (1 Cor 12:10) and therefore of great help to us. Paul said: "Thank God, I speak in tongues more than any of you" (1 Cor 14:18). Through the gift of tongues, the Lord builds us up (1 Cor 14:4), enables us to utter "mysteries in the Spirit" (1 Cor 14:2), and empowers us to thank and praise Him (1 Cor 14:16-17). The gift of tongues is a sign, especially for unbelievers (1 Cor 14:22).

After we have given our lives to Jesus as Lord and received the Holy Spirit, we begin to realize that the purpose of our existence is to praise the Lord (Eph. 1:12). Most of our earthly life will pass away, but praising the Lord will last forever. Although praising Him is our heart's desire and our eternal destiny, we have difficulty living a life of praise.

1) Giving *thanks* is the beginning of praising the Lord. We enter His gates with thanksgiving in our hearts (Ps 100:4). Those who are not familiar with praising the Lord should begin by thanking Him.

2) We naturally move to *praise* from thanksgiving (Ps 100:4). We move from focusing on the works of God to the God of works. We come to realize He is worthy to be praised (Rev. 5:12).

3) After thanking and praising the Lord for a few minutes, we run out of ways to express ourselves. Not that there isn't more to say in praise of God, but our consciousness, memory, and vocabulary are limited. When someone or something exceeds our ability to communicate, we usually try to *extend our powers of communication* by shouting or singing. We may even get into non-verbal forms of communication, such as clapping, dancing, and liturgical actions such as lifting our hands, genuflecting, bowing, etc.

4) But even if we have the best Biblical vocabulary and are free and talented enough to shout, sing, and dance; we cannot sustain praising God for more than a few minutes. We need the Spirit's gift of praising the Lord in another language, *the gift of tongues* (1 Cor 12:10). As with our native language, we form the words but the Lord provides the motivation. We pray in other tongues in obedience, simply because we believe the Lord is telling us to do so.

5) Although praying and singing in tongues is a quantum-leap forward in our praise-power, it is still limited. Finally, our praise in tongues turns to *silence* (Zeph 1:7; Rev 8:1). We are so aware of God's glory that we are rendered speechless. This type of profound silence after praise in tongues is the ultimate praise of God by a person on earth.

C. LITANY OF ALL SAINTS

Lord, Have Mercy On Us.	Choirs of Cherubim
Christ, Have Mercy On Us.	Choirs of Thrones
Lord, Have Mercy On Us.	Choirs of Powers
Christ, Hear Us.	Choirs of Dominions
Christ, Graciously Hear Us.	Choirs of Principalities
God, The Father Of Heaven,	Choirs of Archangels
<i>Have Mercy On Us.</i>	Choirs of Angels
God The Son, Redeemer Of The World,	Holy Mary,
Have Mercy On Us.	Holy Mother Of God, Pray For Us.
God The Holy Ghost, Have Mercy On Us.	Holy Virgin Of Virgins, Pray For Us.
Holy Trinity, One God, Have Mercy On	St. Michael, Pray For Us.
Us.	St. Gabriel, Pray For Us.
Choirs of Seraphim	St. Raphael, Pray For Us.
<i>Pray For Us</i>	St. Uriel

St. Sealtiel
St. Jehudiel
St. Baraciel
St. Orphar
St. Oriphiel
St. Lechtiel
St. Abregiel
St. Jeremiel
St. Galatiel
St. Meriel
All You Holy Angels And Archangels,
Pray For Us.
All You Holy Orders Of Blessed Spirits,
Pray For Us.
St. John The Baptist, Pray For Us. St.
Joseph, Pray For Us.
All You Holy Patriarchs And Prophets,
Pray For Us.
St. Peter, Pray For Us.
St. Paul, Pray For Us.
St. Andrew, Pray For Us.
St. James, Pray For Us.
St. John, Pray For Us.
St. Thomas, Pray For Us.
St. James the Less, Pray For Us.
St. Philip, Pray For Us.
St. Bartholomew, Pray For Us.
St. Matthew, Pray For Us.
St. Simon, Pray For Us.
St. Thaddeus, Pray For Us.
St. Barnabas, Pray For Us.
St. Luke, Pray For Us.
St. Mark, Pray For Us.
All You Holy Apostles And Evangelist,
Pray For Us.
All You Holy Disciples Of Our Lord, Pray
For Us.
All You Holy Innocents, Pray For Us.
St. Stephen, Pray For Us.
St. Lawrence, Pray For Us.
St. Vincent, Pray For Us.
Ss. Fabian And Sebastian, Pray For Us.
Ss. John And Paul, Pray For Us.
Ss. Cosmos And Damian, Pray For Us.
Ss. Gervase And Protase, Pray For Us.
All You Holy Martyrs, Pray For Us.
St. Sylvester, Pray For Us.
St. Gregory, Pray For Us.
St. Ambrose, Pray For Us.
St. Augustine, Pray For Us.
St. Jerome, Pray For Us.
St. Martin, Pray For Us.
St. Nicholas, Pray For Us.
All You Holy Bishops And Confessors,
Pray For Us.

All You Holy Doctors, Pray For Us.
St. Anthony, Pray For Us.
St. Benedict, Pray For Us.
St. Bernard, Pray For Us.
St. Dominic, Pray For Us.
St. Francis, Pray For Us.
All You Holy Priest And Levites, Pray For
Us.
All You Holy Monks And Hermits, Pray
For Us.
St. Mary Magdalen, Pray For Us.
St. Agatha, Pray For Us.
St. Lucy, Pray For Us.
St. Agnes, Pray For Us.
St. Cecilia, Pray For Us.
St. Catherine, Pray For Us.
St. Anastasia, Pray For Us.
All you holy virgins and widows, pray for
us.
St Felicitas
St. Agatha
St. Andrew Kim
St. Antony of Egypt
St. Antony of Padua
St. Athanasius
St. Barbara
St. Basil
St. Basil
St. Bede
St. Bonaventure
St. Boniface
St. Bridget of Hungary
St. Bridgit of Sweden
St. Bruno
St. Catherine Bologna
St. Catherine Drexel
St. Catherine Laboure
St. Catherine of Alexandria
St. Catherine of Sienna
St. Catherine of Sweden
St. Charles Borromeo
St. Christopher
St. Clare
St. Collette
St. Cuthbert
St. Dominic
St. Dominic Savio
St. Donbosco
St. Ethelbert
St. Faustina Kowalska
St. Francesco
St. Francis de Sales
St. Francis of Assisi
St. Francis Xavier
St. Gerald Majella

St. Getrude
St. Gianna Barratta Mola
St. Gregory
St. Hedwig
St. Henry
St. Hillary
St. Jacinta
St. Joan of the Arc
St. John Chrysostom
St. John Fisher
St. John Henry Newman
St. John of the Cross
St. Josephine Bakitha
St. Lucia
St. Lucy
St. Luisa de Marillac
St. Maria Goretti
St. Martin
St. Martin de Pores
St. Mathias
St. Maximillian Kolbe
St. Nicholas
St. Padre Pio
St. Patricia
St. Patrick
St. Perpetua
St. Thomas Becket
St. Alban
St. Edmund
St. Simon Stock
St. Peter Clever
St. Philomena
St. Philp Neri
St. Rita

St. Rockey
St. Sylvestor
St. Therese of Avila
St. Therese of Lisieux
St. Thomas Aquinas
St. Winifred
St. Ephrem
St. Augustine of Canterbury
St. John Paul II
St. John XXIII
St. Alphonsa
St. Mariam Thresia
St. Mother Theresa of Calcutta
St. Chavara Kuriakose Elias
St. Justin
St. Clement
St. Celestine
St. Cyril of Alexandria
St. Edith Stein
St. Fabian
St. Hellen
St. George
St. Oscar Romero
St. Ignatius of Loyola
St. Ignatius of Antioch
St. Monica
St. Mary MacKillop
St. Euphrasia
Bl. Sr. Rani Maria
St. Jose Maria Escriva
St. Pope Paul VI
St. Pope Innocent
St. Bernadette

All you men and women, saints of God,
Be merciful,
Be merciful,
From all evil,
From all sin, O Lord, deliver us.
From your wrath, O Lord, deliver us.
From a sudden and unprovided death, O Lord, deliver us.
From the deceits of the devil, O Lord, deliver us.
From anger, hatred, and all ill will, O Lord, deliver us.
From the spirit of fornication, O Lord, deliver us.
From lightning and tempest, O Lord, deliver us.
From the scourge of earthquake, O Lord, deliver us.
From pestilence, famine, and war, O lord, deliver us.
From everlasting death, O Lord, deliver us.
Through the mystery of thy holy incarnation, O Lord, deliver us.
Through your coming, O Lord, deliver us.
Through your nativity, O Lord, deliver us.
Through your baptism and holy fasting, O Lord, deliver us.
Through your cross and passion, O Lord, deliver us.
Through your death and burial, O Lord, deliver us.
Through your holy resurrection, O Lord, deliver us.

***Make Intercession for us.
Spare us, O Lord!
Graciously hear us, O Lord!
O Lord, Deliver us.***

Through your admirable ascension, O Lord, deliver us.
 Through the coming of the Holy Ghost, the paraclete, O Lord, deliver us.
 In the day of judgment, *We sinners beseech you, hear us.*
 That you would spare us, *We beseech you, hear us.*
 That you would pardon us, we beseech you, hear us.
 That you would vouchsafe to bring us to true penance,
 That you would vouchsafe to govern and preserve thy holy church,
 That you would vouchsafe to preserve our apostolic prelate and all ecclesiastical orders in
 holy religion,
 That you would vouchsafe to convert the enemies of your holy church,
 That you would vouchsafe to give peace and true concord to leaders and rulers,
 That you would vouchsafe to grant peace and unity to all the nations and people,
 That you would vouchsafe to bring back to the unity of the church all those who have strayed
 away, and lead to the light of the gospel all unbelievers,
 That you would vouchsafe to confirm and preserve us your holy service,
 That you would lift up our minds to heavenly desires,
 That you would render eternal blessings to all our benefactors,
 That you would deliver our souls and those of our brethren, relative, and benefactors from
 eternal damnation,
 That you would vouchsafe to give and preserve the fruits of the earth,
 That you would vouchsafe to give eternal rest to all the faithful departed,
 That you would vouchsafe graciously to hear us,
 Son of God, *We beseech you, hear us.*
 Lamb of God, who takes away the sins of the world, *Spare us, O lord.*
 Lamb of God, who takes away the sins of the world, *Graciously hear us, O lord.*
 Lamb of god, who takes away the sins of the world, *Have mercy on us.*
 Christ, Hear Us...
 Christ, Graciously Hear Us...
 Lord, Have Mercy On Us...
 Christ, Have Mercy On Us...
 Lord, Have Mercy On Us...
 Our Father,
 V- And Lead Us Not Into Temptation.
 R- But Deliver Us From Evil.

D. HOLY ROSARY

Introductory Prayer: Come Holy Spirit, help us to gaze on the face of Jesus with the eyes and heart of Mary, so we may grow in holiness. Blessed Mother, we ask you to present this rosary to Jesus, present in the holy Eucharist in the tabernacles of our churches, as we pray for the cause of peace and the family and all our personal intentions. O Mary, our hearts are full of concerns. We offer them all to Jesus, through you. Amen.

I Believe in God...

Our Father (For the Intentions of Holy Father Pope Francis)

Three Hail Marys (One Hail Mary for the Theological Virtues of Faith, Hope and Charity; One Hail Mary for the Evangelical Counsels of Chastity, Poverty and Obedience, One Hail Mary for the Gifts, Fruits and Charisms of the Holy Spirit)

Glory be...

{Mondays and Saturdays:

The Joyful Mysteries remind the faithful of Christ's birth: The Annunciation (Luke 1:26-38); The Visitation (Luke 1:39-56); The Nativity (Luke 2:1-21); The Presentation (Luke 2:22-38); The Finding of the Child Jesus in the Temple (Luke 2:41-52)

Tuesdays and Fridays:

The Sorrowful Mysteries recall Jesus' passion and death: The Agony of Jesus in the Garden (Matthew 26:36-56); The Scourging at the Pillar (Matthew 27:26); The Crowning with Thorns (Matthew 27:27-31); The Carrying of the Cross (Matthew 27:32); The Crucifixion (Matthew 27:33-56).

Wednesdays and Sundays:

The Glorious Mysteries focus on the resurrection of Jesus and the glories of heaven: The Resurrection (John 20:1–29); The Ascension (Luke 24:36–53); The Descent of the Holy Spirit (Acts 2:1–41); The Assumption of Mary, the Mother of God, into heaven; The Coronation of Mary in heaven.

Thursdays:

Pope John Paul II added The Mysteries of Light, also known as the Luminous Mysteries, in 2002: The Baptism in the River Jordan (Matthew 3:13–16); The Wedding Feast at Cana (John 2:1–11); The Preaching of the coming of the Kingdom of God (Mark 1:14–15); The Transfiguration (Matthew 17:1–8); The Institution of the Holy Eucharist (Matthew 26)}.

Litany of our Lady.

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us. Christ, graciously hear us.

God the Father of Heaven, Have mercy on us.

God the Son, Redeemer of the world, Have mercy on us.

God the Holy Ghost, Have mercy on us.

Holy Trinity, one God, Have mercy on us.

Holy Mary, pray for us.

Holy Mother of God, pray for us.

Holy Virgin of virgins, pray for us.

Mother of Christ, pray for us.

Mother of divine grace, pray for us.

Mother most pure, pray for us.

Mother most chaste, pray for us.

Mother inviolate, pray for us.

Mother undefiled, pray for us.

Mother most amiable, pray for us.

Mother most admirable, pray for us.

Mother of good counsel, pray for us.

Mother of our Creator, pray for us.

Mother of our Saviour, pray for us.

Virgin most prudent, pray for us.

Virgin most venerable, pray for us.

Virgin most renowned, pray for us.

Virgin most powerful, pray for us.

Virgin most merciful, pray for us.

Virgin most faithful, pray for us.

Mirror of justice, pray for us.

Seat of wisdom, pray for us.

Cause of our joy, pray for us.

Spiritual vessel, pray for us.

Vessel of honor, pray for us.

Singular vessel of devotion, pray for us.

Mystical rose, pray for us.

Tower of David, pray for us.

Tower of ivory, pray for us.

House of gold, pray for us.

Ark of the Covenant, pray for us.

Gate of Heaven, pray for us.

Morning star, pray for us.

Health of the sick, pray for us.

Refuge of sinners, pray for us.

Comforter of the afflicted, pray for us.

Help of Christians, pray for us.

Queen of angels, pray for us.

Queen of patriarchs, pray for us.

Queen of prophets, pray for us.
Queen of apostles, pray for us.
Queen of martyrs, pray for us.
Queen of confessors, pray for us.
Queen of virgins, pray for us.
Queen of all saints, pray for us.
Queen conceived without Original Sin, pray for us.
Queen assumed into Heaven, pray for us.
Queen of the most holy Rosary, pray for us.
Queen of peace, pray for us.
Lamb of God, who takes away the sins of the world, Spare us, O Lord.
Lamb of God, who takes away the sins of the world, Graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, Have mercy on us.

Pray for us, O Holy Mother of God: *That we may be made worthy of the promises of Christ.*

Let us Pray: Grant, we beseech Thee, O Lord God, that we Thy Servants may enjoy perpetual health of mind and body and by the glorious intercession of the Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal happiness. Through Christ Our Lord. Amen.

Hail Holy Queen

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.

Prayer for the Faithful Departed

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace, Amen. (1Our Father, 1Hail Mary, 1Glory Be) + Three Times

1. For all the souls on Purgatory, Souls buried in the St. Augustine's Shrine in Ramsgate and in the Carmel Convent Compound in Darlington.
2. For all the Aborted souls, Consecrated Souls, Forgotten Souls, Souls who had a sudden and unprovided death, Souls departing today, Souls of all the non-Christians.
3. For all the souls departed from our family tree, family and relations.

The Prayer to St. Joseph

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls - Pray for Me.

The Memorare

Remember O Most Gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly onto you o Virgin of Virgins, my Mother; to you I come; before you, I stand, sinful and sorrowful, O Mother of the Word incarnate, despise not my petitions; but in your mercy hear and answer me. Amen.

Optional Method of Rosary Prayer During Retreat Days:

Praying the Holy Rosary that through the intercession of the Virgin Mary all the retreatants may experience a divine healing touch as the facilitators keep on feeding them on the Word of God.

Pray Hail Mary after claiming the **following Scriptures**, per decade, **after Our Father prayer**
Heal them Lord, and they shall be healed, do not let their hearts be troubled, for they believe in you. (*cf. Jer 17: 14 & Jn 14: 1*)

Heal them Lord, and they shall be healed, Let your priests and religious be clothed with righteousness, and let your faithful shout for joy, (*Cf Jer 17: 14 & Ps 132:9*)

Heal them Lord and they shall be healed, do not leave them defenseless, O Lord, for in you they seek refuge. (*Cfr Jer 17: 14 & Ps 141: 8*)

Heal them Lord, and they shall be healed, let your ears be always attentive the cry of their supplication. (*Cfr Jer 17: 14 & Ps 86: 6*)

Heal them Lord, and they shall be healed, never let them depart from you, for you alone are their protective shield. (*Jer 17: 14 & Ps 91: 4*)

E. PRAYERS OF REPARATION

The prayer of reparation to the Sacred Heart of Jesus

Adorable Heart of Jesus, glowing with love for us and inflamed with zeal for our salvation. O Heart that understands the misery to which our sins have brought us, infinitely rich in mercy to heal the wounds of our souls, behold me humbly kneeling before You to express the sorrow that fills my heart for the coldness and indifference with which I have so long returned the numberless benefits which You have bestowed upon me.

With a deep sense of the outrages that have been heaped upon You by my sins and the sins of others, I wish to make reparation to Your most Sacred Majesty. It was our sins that filled Your Heart with bitterness; it was the weight of our guilt that pressed down Your face to the earth in the Garden of Olives and caused you to die in agony on the Cross. But now, repentant and sorrowful, I implore Your forgiveness.

Adorable Heart of Jesus, Source of true consolation and ever merciful to the penitent sinner, impart to our hearts the spirit of penance that we may be sincerely sorry for our sins. Pardon them, O Lord, in Your mercy, and let all who have sinned against You in the Sacrament of Your love be converted and return to You. Deliver us from our sins. And in order to repair the sins of ingratitude by which we have grieved Your most tender and loving Heart, may we love and honor You in the most adorable Sacrament of the Altar, where You are present to hear and grant our petitions and to be the food and life of our souls.

Merciful Jesus, be our Mediator with Your heavenly Father, whom we have so grievously offended. Help us to amend our ways. As Your Sacred Heart is our refuge and our hope when we have sinned, so let it be the strength and support of our repentance, and nothing in life or death shall ever separate us from You. Amen.

The Pardon Prayer: *O My God, I believe, I adore, I hope, and I love you. I ask forgiveness for those who do not believe, do not adore, do not hope, and do not love You. (x10)*

Reparation Prayer for the Living and the Departed Souls.

Eternal Father, I offer You the Most Precious Blood of Your Divine Son, Jesus, in union with the Holy Masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home and within my family.

Amen (Three times)(Composed by St. Getrude)

Reparation Prayer to the Most Blessed Sacrament.

O Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament. (x50)

Act of Reparation to the Most Blessed Sacrament

With that most profound respect which divine Faith inspires, O my God and Saviour Jesus Christ, true God and true man, I adore You, and with my whole heart I love You, hidden in the most august Sacrament of the Altar, in reparation of all the irreverences, profanations, and sacrileges, that I, to my shame, may have until now committed, as also for all those that have been committed against You, or that may be ever committed for the time to come. I offer to You, therefore, O my God, my humble adoration, not indeed, such as You are worthy of, nor such as I owe You, but such, at

least, as I am capable of offerings; and I wish that I could love You with the most perfect love of which rational creatures are capable. In the meantime, I desire to adore You now and always, not only for those Catholics who do not adore or love You, but also so supply the defect, and for the conversion of all heretics, schismatics, atheists, blasphemers, sorcerers, Mahomedans, Jews, and idolaters. Ah! yes, my Jesus, may You be known, worshiped, adored, honoured and loved by all and may praise, thanks and honour be continually given to You in the most holy and august Sacrament!

Litany of Reparation

Lord, have mercy. *Lord, have mercy.*

Christ have mercy. *Christ, have mercy.*

Lord, have mercy. *Lord, have mercy.*

God, the Father of Mercy,

Have Mercy on us

God the Son, mediator between God and man,...

God the Holy Spirit, the enlightener of hearts,...

Holy and undivided Trinity,...

O Sacred Host! Victim of reparation for the sins of the world,...

O Sacred Host! Annihilated on the altar for us and by us,...

O Sacred Host! Despised and neglected,...

O Sacred Host! Outraged by the blasphemies of men,...

O Sacred Host! Neglected and abandoned in Your temples,...

Be merciful unto us:

Spare us, O Lord.

Be merciful unto us:

Hear us, O Lord.

For so many unworthy Communions,

We offer You our reparations, O Lord.

For the irreverence of Christians,...

For the continual blasphemies of the impious,...

For the infamous discourses made in Your Holy Temples,...

For the crimes of sinners,...

For the sacrileges which profane Your sacrament of love,...

For the coldness of the greater part of Your children,...

For the contempt of Your loving invitations,...

For the infidelity of those who call themselves Your friends,...

For the abuse of Your grace,...

For our unfaithfulness,...

For our delay in loving you,...

For our tepidity in Your Holy Service,...

For Your bitter sadness at the loss of souls,...

For Your long waiting at the door of our hearts,...

For Your loving sighs,...

For Your loving tears,...

For Your loving imprisonment,...

For Your loving death,...

That You spare us, that You hear us,

We sinners beseech You, hear us.

That You will make known Your love for us in this most Holy Sacrament,...

That You will vouchsafe to accept our reparation, made in the spirit of humility,

Lamb of God, who takes away the sins of the world:

Spare us, O Lord.

Lamb of God, who takes away the sins of the world:

Hear us, O Lord.

Lamb of God, who takes away the sins of the world:

Have mercy on us, O Lord.

Let us Pray: Lord Jesus, Who has chosen to expose Yourself to all the outrages of the impious, rather than withdraw Your Sacred Body from our Churches, grant us the grace to bewail, with true bitterness of heart, the injuries and sacrileges committed against You, and to repair as far as lies in our power, and with sincere love, the many ignominies and contempts You have received, and still continue to receive, in this ineffable mystery, Who lives and reigns with God, in the unity of the Holy Spirit, for ever and ever. Amen.

F. DIVINE MERCY CHAPLET

Lord Jesus, I offer this Divine Mercy Chaplet, imploring God to shower abundant mercy upon the facilitators and all the retreatants throughout the retreat. I pray, ***“Hide your face from my sins, O Lord, and blot out my iniquities, for your name’s sake, be gracious to me and heal me.*** (Cf. Ps 51: 9& Ps 41: 4)

Introductory Prayer:

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

One Our Father, One Hail Mary, I believe in God.

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

For the sake of His sorrowful passion: *Have mercy on us and on the whole world.* (Ten Times)

After Five decades:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!

Litany of the Divine Mercy

Lord, have mercy. *Lord, have mercy.*

Christ have mercy. *Christ, have mercy.*

Lord, have mercy. *Lord, have mercy.*

God, the Father of Mercy,

Have Mercy on us

God the Son, mediator between God and man,...

God the Holy Spirit, the enlightener of hearts,...

Holy and undivided Trinity,...

Divine Mercy, gushing forth from the bosom of the Father,

I Trust in You

Divine Mercy, greatest attribute of God

Divine Mercy, incomprehensible mystery

Divine Mercy, fountain gushing forth from the mystery of the Most Blessed Trinity

Divine Mercy, unfathomed by any intellect, human or angelic

Divine Mercy, from which wells forth all life and happiness

Divine Mercy, better than the heavens

Divine Mercy, source of miracles and wonders

Divine Mercy, encompassing the whole universe

Divine Mercy, descending to earth in the Person of the Incarnate Word

Divine Mercy, which flowed out from the open wound of the Heart of Jesus

Divine Mercy, enclosed in the Heart of Jesus for us, and especially for sinners

Divine Mercy, unfathomed in the institution of the Sacred Host

Divine Mercy, in the founding of the Holy Church

Divine Mercy, in the Sacrament of Holy Baptism

Divine Mercy, in our justification through Jesus Christ

Divine Mercy, accompanying us through our whole life

Divine Mercy, embracing us especially at the hour of death

Divine Mercy, endowing us with immortal life

Divine Mercy, accompanying us every moment of our life

Divine Mercy, shielding us from the fire of hell

Divine Mercy, in the conversion of hardened sinners

Divine Mercy, astonishment for Angels, incomprehensible to Saints

Divine Mercy, unfathomed in all the mysteries of God

Divine Mercy, lifting us out of every misery

Divine Mercy, source of our happiness and joy

Divine Mercy, in calling us forth from nothingness to existence

Divine Mercy, embracing all the works of His hands

Divine Mercy, crown of all God's handiwork
Divine Mercy, in which we are all immersed
Divine Mercy, sweet relief for anguished hearts
Divine Mercy, only hope of despairing souls
Divine Mercy, repose of hearts, peace amidst fear
Divine Mercy, delight and ecstasy of holy souls
Divine Mercy, inspiring hope against all hope

Concluding Prayer: Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

G. HOLY TRINITY PRAYER

(Composed by Rev. Fr. Mathew Elavumkal VC)

Heavenly Father, Jesus our Saviour, Holy Spirit our Consoler, we love you, we praise you, and we worship you (*three times*). Halleluiah, Halleluiah, Halleluiah (*This is repeated after each decade*).

Leader:(1) Abba Father, purify us in the Holy Blood of Jesus

Congregation: And fill us with your Holy Spirit.

Leader:(2) Abba Father, purify **Our Soul** in the Holy Blood of Jesus

Congregation: And fill **Our Soul** with your Holy Spirit.

Certain Intentions:

1st Decade: Soul, Mind, Intellect, Memory, Sexuality, Emotions, Desires, Decisions, Body, Inner-wounds, (Heavenly...)

2nd Decade: Nation, Government, Politicians, Civil Servants, Armed Forces, Judiciary, Police Force, Business, Mass Media, Farmers, (Heavenly...)

3rd Decade: Family, Parents, Brothers and Sisters, Relatives, Ancestors, Departed Souls, Neighbours, Benefactors, Spiritual Fathers, Lay Ministers, (Heavenly...)

4th Decade: Family, Parents, Brothers and Sisters, Relatives, Ancestors, Departed Souls, Neighbours, Benefactors, Spiritual Fathers, Lay Ministers, (Heavenly...)

5th Decade: The Holy Father, All the Bishops, Priests and Religious, Formation Houses, Laity, Pious associations, Retreat and Prayer Centres, Prayer Groups, Christian churches, Other Religious, (Heavenly...)

H. PRAYER FOR OUR COUNTRY UGANDA

Almighty Father, we thank you for our beautiful country Uganda. We praise you for its diversity in people, cultures, traditions and resources. Abba Father, those who work for peace are called your sons. May we never tire in working for that justice which alone guarantees true and lasting peace in this our nation Uganda. Father we thank you for all the good things happened in this nation by your grace. We ask for your forgiveness for all the sins committed in this country. Jesus Master, wash in your most Holy Precious Blood all the people living in this your nation. Most Holy Spirit, enlighten us with the light of the Gospel, establish the kingdom of love and inspire vocations. Set this nation free from Witchcraft, Immorality, Injustice, Corruption, Selfishness, Greed, Idolatry and other forms of impurity. Our Lady of Africa intercede for the youth and all citizens of this nation that they may strive daily to become true disciples of Jesus. All the Angels and Saints especially our dear Ugandan Martyrs in heaven please join us in prayer for our beloved country Uganda. We give all glory, honour and worship to the Father, the Son and the Holy Spirit now and forever Amen. (1 Our Father|1 Hail Mary| 1 Glory Be.)

PRAYER FOR THE VINCENTIAN RETREAT CENTRE- ENTEBBE

Abba Father, Jesus Saviour, Holy Spirit we give you all the glory, honour and worship for the Vincentian Ministries all over the world. We lift up to you our Vincentian Retreat Centre in Entebbe in the Archdiocese of Kampala in Uganda. Heavenly Father, we surrender to you our

Archbishop Cyprian and the all the clergy and religious, lay minsters and faithful in this nation. We pray for their protection, prosperity and welfare. Father God we are very grateful for your continuous blessings and protection for planting our ministry here and we beg you to foster our ministry with your powerful hand. Jesus Master, have mercy on all our intercessors, benefactors and those ever-attended our retreats and prayer services. Most Holy Spirit guide and co-ordinate our ministry and all the ministers with your spiritual gifts. Our Lady of Miraculous Medal help us, pray for us and support us. St. Michael, the Arch-angel guard and defend our ministry from the evil one. Our dear Ugandan Martyrs, all the angels and saints pray for us. Amen. 1 Our Father, 1 Hail Mary, 1 Glory Be.

Josh.21:45|Gen.22:14|Lk. 17:13|Mk10:27 (10 times each). Is. 45:2-3 + Memorare (9 times).

Not one of all the good promises that the LORD had made to the house of Israel had failed; all came to pass. (Josh.21:45)

So Abraham called that place “The LORD will provide”; as it is said to this day, “On the mount of the LORD it shall be provided. (Gen.22:14)

They called out, saying, “Jesus, Master, have mercy on us!” (Lk. 17:13)

Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.” (Mk.10:27) (10times each)

I will go before you and level the mountains, I will break in pieces the doors of bronze and cut through the bars of iron, I Will give you the treasures of darkness and riches hidden in secret places, so that you may know that it is I, the LORD, the God of Israel, who call you by your name. (Is.45:2-3).

Remember O Most Gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly onto you O Virgin of Virgins, my Mother; to you I come; before you, I stand, sinful and sorrowful, O Mother of the Word incarnate, despise not my petitions; but in your mercy hear and answer me. Amen (9 times).

Prayer for the God’s consecrated working in Uganda

O Lord, God of heaven, the great and awesome God who keeps covenant and steadfast love with those who love and keep his commandments; let your ear be attentive and your eyes open to hear the prayer of your servant that I now pray before you day and night for your servants, let your priests and religious sisters be clothed with righteousness, let them be made strong with all the strength that comes from the glorious power of our Lord Jesus Christ. Let your face shine upon them, O Lord, and your anointing be upon them so that they may bear fruits that last. Heal them, O Lord, restore them, never let them depart from you, keep them from the distractions of this world so that they may serve you as you desire it. Through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, world without end, Amen

Claiming God’s Promises for the Vincentian Ministries in East Africa

Not one of all the good promises that the LORD had made to the house of Israel had failed; all came to pass. (Josh.21:45)

So Abraham called that place The LORD will provide; as it is said to this day, On the mount of the LORD it shall be provided. (Gen22:14)

They called out, saying, “Jesus, Master, have mercy on us!” (Lk.17:13)

Jesus looked at them and said, “For mortals it is impossible, but not for God; for God all things are possible.”(Mk. 10:27)

I am going to bring it recovery and healing; I will heal them and reveal to them abundance of prosperity and security.(Jer 33: 6b)

I will sprinkle clean water upon you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. A new heart I will give you, and a new spirit I will put within you; and I will remove from your body the heart of stone and give you a heart of flesh.

I will put my spirit within you, and make you follow my statutes and be careful to observe my ordinances. (Ezk 36: 25-27) (10 times each).

I will go before you and level the mountains, I will break in pieces the doors of bronze and cut through the bars of iron, I will give you the treasures of darkness and riches hidden in secret places, so that you may know that it is), the LORD, the God of Israel, who call you by your name. (Is.45:2-3) +

Remember O Most Gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly onto you o Virgin of Virgins, my Mother; to you I come; before you, I stand, sinful and sorrowful, O Mother of the Word incarnate, despise not my petitions; but in your mercy hear and answer me. Amen (9 times).

THE STATIONS OF THE CROSS FOR VINCENTIAN RETREAT CENTRE- ENTEBBE

1st Station: Jesus is condemned to death

We Adore you O Christ and we bless you
Because by Your Holy Cross you have redeemed the world

Jesus Master Have Mercy on Uganda, Come Holy Spirit.
Jesus Master Have Mercy on Vincentian Retreat Centre, Entebbe, Come Holy Spirit.
Jesus Master Have Mercy on all the Souls Departed, Come Holy Spirit.

We love you Lord our Strength and our Redeemer, purify our hearts and fill us with your Holy Spirit.
Abba Father for you all things are possible, Deliver us from the evil one and fill us
by your Holy Spirit.

Holy, Holy, Holy, Lord God Almighty, Who was, Who is and Who is to come, please
intervene in our struggles.

*Holy Mother pierce me through in my heart each wound renewed of my
saviour crucified.*

- 2nd Station: Jesus carries His cross
3rd Station: Jesus falls the first time
4th Station: Jesus meets his mother
5th Station: Simon of Cyrene helps Jesus to carry his cross
6th Station: Veronica wipes the face of Jesus
7th Station: Jesus falls the second time
8th Station: Jesus meets the women of Jerusalem
9th Station: Jesus falls a third time
10th Station: Jesus clothes are taken away
11th Station: Jesus is nailed to the cross
12th Station: Jesus dies on the cross
13th Station: The body of Jesus is taken down from the cross
14th Station: Jesus is laid in the tomb
15th Station: Jesus is risen from the Dead

The Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of Heaven and the pains of hell, but most of all because they offend Thee, my God, Who are all good and deserving of all my love. I firmly resolve with the help of Thy grace to confess my sins, to do penance, and to amend my life. Amen.

The Intentions of Holy Father Pope Francis (1 Our Father|1 Hail Mary|1 Glory Be)

J. PROTECTION PRAYERS

Claiming God's Protection through the Word of God.

I live in the shelter of the Most High, I abide in the shadow of the Almighty, and I say to the LORD that He is My refuge and my fortress; He is my God, in Him alone I trust. For He will deliver me from the snare of the fowler and from the deadly pestilence; He will cover me with His pinions, and under His wings I will find refuge; His faithfulness is a shield and buckler. I will not fear the terror of the night, or the arrow that flies by day, or the pestilence that stalks in darkness, or the destruction that wastes at noonday. A thousand may fall at my side, ten thousand at my right hand, but it will not come near me. I will only look with my eyes and see the punishment of the wicked. Because I have made the LORD my refuge, the Most High my dwelling place, no evil shall befall me, no scourge come near my tent. For He will command His angels concerning me to guard me in all my ways. On their hands they will bear me up, so that I will not dash my foot against a stone. I will tread on the lion and the adder, the young lion and the serpent I will trample under foot. Those who love God, He will deliver; He will protect those who know His name. When I call to Him, He will answer me; He will be with me in my trouble, He will rescue me and honour me. With long life He will satisfy me, and show me His salvation (Cf. Ps.91:1-16).

I Put on the whole armour of God, so that I may be able to stand against the wiles of the devil. For my struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore I take up the whole armour of God, so that I may be able to withstand on that evil day, and having done everything, to stand firm. I stand therefore, and I fasten the belt of truth around my waist, and I put on the breastplate of righteousness. As shoes for my feet I put on whatever will make me ready to proclaim the gospel of peace. With all of these, I take the shield of faith, with which I will be able to quench all the flaming arrows of the evil one. I take the helmet of salvation, and the sword of the Spirit, which is the word of God. I Pray in the Spirit at all times in every prayer and supplication. To that end I keep alert and always persevere in supplication for all the saints. I Pray that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. I Pray that I may declare it boldly, as I must speak (Cf. Eph.6:11-20).

I pray that, according to the riches of His glory, He may grant that I may be strengthened in my inner being with power through His Spirit, and that Christ may dwell in my heart through faith, as I am being rooted and grounded in love. I pray that I may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that I may be filled with all the fullness of God. Now to Him who by the power at work within me is able to accomplish abundantly far more than all I can ask or imagine, to Him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen. (Cf. Eph.3:16-21).

Do not rejoice over me, O my enemy; when I fall, I shall rise; when I sit in darkness, the LORD will be a light to me. (Micah.7:8)

I can do all things in Christ Jesus who strengthens me because the One who is in me is greater than the one who is in the world (Cf. Phil.4:13+1Jn.4:4).

The One who was seated on the throne said, "See, I am making all things new." Also He said, "Write this, for these words are trustworthy and true." Then He said to me, "It is done! I am

the Alpha and the Omega, the beginning and the end. To the thirsty I will give water as a gift from the spring of the water of life (Rev.21:5-6).

The Prayer to St Michael the Archangel.

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Prayer to the Guardian Angel

Angel of God, my guardian dear, To whom God's love commits me here, Ever this day, be at my side, To light and guard, Rule and guide. Amen.

A Binding Prayer for Protection

In the name of Jesus Christ, by the power of His cross and blood, we bind the spirits, powers and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells sent against us and send them directly to Jesus for Him to deal with as He will. Lord, we ask you to bless our enemies by sending your Holy Spirit to lead them and us to repentance. We bind all interplay, interaction and communication of evil spirits. We claim the protection of the shed blood of Jesus Christ over _____ (Vincentian Ministries and our Team Members). Thank you for your protection, Lord. Amen

Final Thanksgiving and Binding Prayer

Lord Jesus, thank You for sharing with me (us) Your wonderful ministry of healing and deliverance. Thank You for the healings I (we) have seen and experienced today. I (we) realize that the sickness and evil we encounter is more than our humanity can bear. So cleanse me (us) of any sadness, negativity or despair that I (we) may have picked up. If my ministry has tempted me to anger, impatience or lust, cleanse me of those temptations and replace them with love, joy and peace. If any evil spirits have attached themselves to me or oppress me in any way, I command you, spirits of earth, air, fire or water, of the netherworld or of nature, to depart — now — and go straight to Jesus Christ for Him to deal with as He will. Come Holy Spirit, renew me, fill me anew with Your power, Your life and Your joy. Strengthen me where I have felt weak and clothe me with Your light. Fill me with life. And Lord Jesus, please send Your holy angels to minister to me and my family — and guard us and protect us from all sickness, harm and accidents. (Give us a safe trip home.) We praise You now and forever, Father, Son and Holy Spirit, and we ask these things in Jesus' Holy Name that He may be glorified. Amen.

Vincentian Retreat Centre, Entebbe | Email:vincentianprayercentre@gmail.com